

Involve The Entire Community



H2 Y2

Help Heal Your Youth



Addiction To Hopelessness



If you are frustrated with what is happening with our youth today, **H2Y2** is for you. This is a one-day conference that will train you:

- To diagnose the problem of the addiction to hopelessness
- To design a treatment strategy for this addiction
- To improve your mentoring skills
- To spot mentoring misfits
- To involve the entire community

It is designed for all youth advocates: pastors, youth pastors, teachers, coaches, social workers, mentors, parents, grandparents, police, etc.

The Trainer is Rebera Foston M.D., MPH, MATS, DMin, an ordained minister who has developed the philosophy of Holistic Mentoring.

She is the executive director of Foston Institute for Holistic Mentoring in Clarksville, TN.

Seating is limited

For more information: www.fostoninstitute.com 800.418.0374



Improve Your Mentoring Skills



H2Y2 Training Overview

Upon successful completion of Level One of H2Y2 training, you will first determine your own fitness to be a holistic mentor.

Second, you will be able to spot mentoring misfits who should not be allowed to work closely with youth.

Third, you will have a strategy to use when you encounter a youth who is feeling hopeless.

Fourth, you will strengthen your mentoring ability by making it therapeutic.

Lastly, you will learn how to involve the entire community in helping to heal your youth.

The Training

08:00 - 08:30 = Registration Perception Check 1

08:30 - 09:00 = The Addiction to Hopelessness (Poetryture –Lecture and Poetry combined)

09:00 - 10:00 = Holistic Mentoring (How Whole Are You? –Individual exercise)

10:00 - 10:15 = Break (juice /coffee)

10:15 - 11:00 = Holistic Mentoring Milestones (Lecture)

11:00 - 12:00 = Mentoring Misfits (Small Group Discussion)

12:00 - 01:30 = Lunch with a movie* (Did You See Their Faces?)

01:30 - 01:45 = Break (soft drinks)

01:45 - 03:00 = What is the Matter with this Child? (Clinical Simulation)

03:00 - 03:45 = It Takes the Whole Village (Small Group Discussion)

03:45 - 04:00 = Evaluations and Perception Check 2

04:00 - 05:00 = Final Exam

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